



## **Suggested Gear List**

### **Please encourage your cub to pack their own bag.**

They will then know what they have and where to find it. They could go over the list and place all items out on a table/bed. Then you can check they have all they need. When done and items are labelled you can supervise the packing. The more they are involved the better prepared they will be.

### **To wear to camp**

- Group shirt if you have one or suitable top such as a Polo with collar and sleeves.
- Pants, long or short. (NOT short shorts. Must be reasonable length to be sun safe)
- Shoes ; covered shoes, such as runners.
- Jumper or jacket if cold
- Hat will be provided by Cuboree for youth participants
- Please also bring your named drink bottle. (Water Only)

### **To pack for camp**

- Sleeping bag
- Small pillow
- Roll Mat
- Extra Blanket if cold
- Tracksuit or Pyjamas for sleeping. If cold include another pair of socks to sleep with.
- Sleeping Buddy (Teddy Bear) Optional
- Two complete changes of clothes including underwear.
- Jumper or Jacket if not wearing them
- Separate plastic bag for wet/Dirty clothes.
- Dilly bag (two tea towels, plate, bowl, cup, fork, spoon, knife)
- Sunscreen, insect repellent
- Toiletries: toothbrush, toothpaste, comb, brush, tissues. (as required)

**Labels – Ensure all items are labelled to avoid loss.**

**Operoo - must be fully up to date with dietary and medical requirements**

**Medication - All medication needs to be in original labelled packaging or labelled Webster pack and the first aid officer on arrival, along with the Y10 medication form for each individual medication type.**

**This includes any medication that is to be held by the Cub, such as Asthma reliever Inhalers and Epi Pens. They will then be returned to the Cub.**

**If your Cub is susceptible to Asthma on occasions, please send Puffer, due it increased activity over the weekend, they may require it.**

***No phones, electronics or any food items please.***