

MAWSON DISTRICT COOKOUT HANDBOOK

Sunday 27th August 2023

Brownsea Basecamp, Woodhouse

Not a competition – it's all about the book.



Open to Mawson district members in all sections: Joeys through to Adults. All SA Rovers are invited too. (Rovers don't belong to a district.) Enter as an individual, in pairs, patrols or even a whole unit working together! You could combine different sections and have Venturers with Joeys. Why not form a patrol of leaders and parent helpers and show us how it is done?

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What is this event?

Send us your favourite recipe then come on the day and show us how you cook it. At the event, we will photograph your recipe patrol, your ingredients, your cooking setup and your food when it is ready to serve. After you have eaten what you cooked, review it and we will publish your review with the recipe in the book.

Next time you are planning a camp or hike, pull out the book and have a look at what other scouts cook to expand your cooking repertoire!

Why are we holding this event?

- ..because cooking outside is FUN!
- ..because when we plan a future camp menu, it would be so helpful to know what other people like to cook at camp and have a book of their recipes
- ..because it is great to meet up with other scouts in our district
- ..because younger or less experienced scouts can learn from older or more experienced scouts
- ..because when you can do something well, it's great fun to show it off
- ..because adults like cooking outside too
- ..because a day just for cooking is less stressful than a whole camp like the Cohen Cup and by practicing our cooking, Mawson district scouts will do really well at catering for future camps.
- ..because my grandma would love to have a cookbook with me in it (and wouldn't yours too?).
- ..because WHY NOT??



Your Patrol

Patrols can be made up of any combination of people you like, provided they are all members of scouting in Mawson district, or they are a South Australian Rover. You could even consider making a patrol with someone from a different group or unit.

If you are young or inexperienced and you need help from your leader with cooking or setting up your equipment, you will need to include that leader as a member of your patrol. Each person can only belong to one patrol, and this includes leaders. Consider matching Joeys who need help with an older scout or venturer.

If youth members do not need any help setting up their equipment or with their cooking, they do not need to have an adult in their patrol. When we read the recipe book, we will be able to see you cooked it without an adult and be very impressed!! However, we still need to meet the usual ratio requirements for scouting activities. In this case, adult members from your unit should still register and come on the day. Leaders, please be aware of how many members have registered for this event and ensure there are sufficient adults. Leaders attending and not in a patrol can register as an observer.

These are the required adult to youth ratios per the scout camping activity standard.
1 adult per 5 Joeys / 6 Cubs / 8 Scouts.

You can choose how many people are in your patrol. For example, if you are cooking a hike meal, you might choose to enter as an individual. You could choose to enter with a partner or as a patrol. There is no limit to the number of people in your patrol, but your recipe should cook enough food for everyone in it. You don't have to serve your meal to a judge. There are no judges!! Only you will be eating it.

Your patrol leader will be responsible for entering your recipe details for the book into the Operoo form. This will include the names of your patrol members as you would like them printed and your patrol's review of the recipe on day.



Photography Patrol

We are seeking members who are scout age or older to be in our photography team. Those who sign up will attend a workshop with a qualified photographer to learn photography skills and practice taking meal and cooking photos. You will need to provide your own digital camera which could be a mobile phone. This can be used toward an SIA badge.

Workshop

Saturday 8th July 1pm – 3pm
Ascot Park Scout Hall
(51 Sixth Ave, Ascot Park, SA)



Bring your camera (or mobile phone) and some afternoon tea to share. (We will photograph your afternoon tea before we eat it!)

Topics include learning about:

- Your equipment and it's capabilities (f-stops and depth of field)
- Picture composition (arranging the ingredients or meal to be attractive)
- Camera Angles
- Lighting for studio and outdoors

Registration for the photography patrol is via myScout and open until **30th June**. Places are limited so get in early! If you register for the Workshop (free) you must also register for the cookout separately. Select photography patrol when you register for the cookout.



How will it work?

1. Register on MyScout

Registration on MyScout can be done individually by members or in bulk by leaders. If you register as an individual, you will be billed directly. If your leaders register you, they will receive a bulk invoice. You will be asked for your patrol (team) name and whether you will be the patrol (team) leader who will be responsible for entering the recipe and patrol member names via Operoo.



To access MyScout and login please visit <https://sa.myscout.com.au>

You will need to know your scout membership number. If you haven't logged in before, your default password is your birth date with forward slashes in between in the format dd/mm/yyyy.

Costs

Ebook only \$10 Includes Woodhouse entry & Cookout administration, Mawson Cookout Badge and an electronic copy of the book)

Printed Book \$25 (Includes all above + a printed copy of the recipe book)

2. Share your OPEROO profile with the event

All participants will need to have an Operoo profile and will receive an invitation to share it with the Mawson Cookout event. Once HQ staff have processed your MyScout Registration, you will receive a request to make an Operoo profile (if you don't already have one) and share your profile with the Cookout event. The request will be sent to your primary email registered with ScoutsSA. The Y4 consent forms will be sent to everyone via Operoo.

Also through Operoo, your patrol leader (PL) will be asked to submit details of your patrol and your recipe prior to the event. Youth members will do this through their parent / guardian's login to Operoo. After the event, the PL will log back into the Operoo recipe form to write your review. Your PL will be able to make changes to the recipe & review on Operoo anytime until Fri 1st September 2023.



3. Come to the cookout

See the next page for the program for the day.

4. Receive the cookbook

It will take us a few weeks after the event to get the recipes collated, photos uploaded and books emailed. For those who ordered printed copies, we will deliver them to your scout group. Use it for ideas when you plan your next camp menu!

Program

CHECK IN TIMES

- 10am – 11am Check in for **Campfire Recipes**
- 11am – 12pm Check in for **Standing Camp Recipes**
- 12pm – 12:45pm Check in for **Hike Recipes**

PARADE

12:45pm – Parade

All must attend.

Plan your cooking around this time. We will set up the campfire pits so you can remain near them during the parade, so fires are not left unattended.

CHECK OUT TIMES

1:15 – 5pm Check out

You can check out when you have finished cleaning up and are ready to leave.

What to do on the day

1. When your whole patrol has arrived, check in
2. Have your pre-cook photos and weigh in done. These are:
 - a. patrol photo
 - b. ingredients photo
 - c. Weigh your ingredients & equipment (This is only if you are entering in the hike category)
3. Cook your meal. A photographer will photograph your cooking setup while you cook.
4. Have your finished meal photographed
5. Eat your meal. (You are welcome to sit in the dining area)
6. Write a review for your meal via Operoo
7. Clean up and get your site inspected to receive your Mawson cookout badge before you go home

Please practice your menu and plan your day. You will need to estimate how long it will take to cook and work out what time you would like to be collected by your parents or guardians. Remember to leave time to look at the exhibitors and meet some other scouts. Consider having some time at Woodhouse with your leaders after you have checked out of the event.

Traffic Directions and maps

The event is held at Woodhouse Activity Centre,

37 Spring Gully Road, Piccadilly, SA.

Once you have entered Woodhouse, you will need to make your way to the Brownsea Basecamp. A site map is shown on the Woodhouse Website here.

<https://www.woodhouse.org.au>



To avoid traffic congestion, you may choose to park in the main car park by the entrance to Woodhouse and walk to Brownsea. If you have a lot of equipment to bring, you are welcome to drive up to Brownsea and park there. However, you will not be able to park directly next to your cooking site so be prepared to carry your equipment across the site.

You will not be able to check in until all members of your recipe patrol have arrived. When you check in, you will find out which site your patrol has been allocated and can unload your equipment.

Plan your day

There is flexibility in the drop off times so co-ordinate with your leaders, your recipe patrol, and their parents or guardians so everyone knows what time your patrol will need to arrive. Check in times are as follows:

- 10am – 11am Check in for **Campfire Recipes**
- 11am – 12 noon Check in for **Standing Camp Recipes**
- 12 noon – 12:45 Check in for **Hike Recipes**

You will also need to work out what time you would like parents or guardians to collect you. Think about how long your recipe takes to cook. Remember to allow time for the parade and to look around and meet other scouts.

Things you might like to do on the day

- Walk around and see what other people are cooking
- Look at the Exurbia stall and other scout displays
- Have a free sausage in bread
- Toast marshmallows on the main campfire
- Bring some lawn games and invite others to play (Quoits?, finska?)
- Before check in or after checkout, you can explore Woodhouse and its many activities. (Note - Once you check in, you won't be able to leave the activity until you have finished your recipe and checked out.)

Plan this with your leaders, your recipe patrol, and their parents or guardians.

- Check out is from 1:15 to 5pm

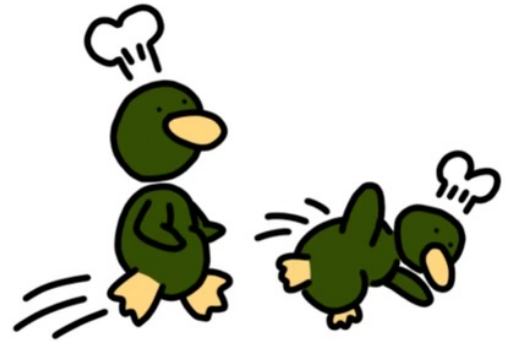


What are the Safety Rules?

For all categories

No Running

This activity is for walking only. There is plenty of room for running at Woodhouse outside of the activity. Once you are inside our cookout zone, please remember to walk.



Neckies & Long Hair

If you will be leaning over a campfire or any other cooking device, please use a nappy pin, safety pin or similar to pin your neckie to your shirt. We don't want any burning neckies! If your hair is long enough to be at risk of catching alight, please tie it back.



Gas Cooker Safety Rules

Soapy Water Test

If you are connecting a gas hose to a bottle and a gas cooker, you will need to bring a spray bottle with some water and a small amount of dishwashing detergent in it.

How to do the Soapy Water Test to check gas connections for leaks.



1. Inspect the hose, gas cooker and bottle for damage. Do not use it if there is any damage to the fittings or burners.
2. Connect the hose to the bottle and to the burners
3. Ensure the burners are turned off. Turn the bottle on. You may be able to hear or feel the gas move into the hose.
4. Spray the detergent water onto all the joins along the hose and where all of the fittings are. Watch to see if leaking gas bubbles out through the water you have sprayed on. **DO NOT USE IT IF THERE IS ANY LEAKING**

5. If you did not find any leaks, your equipment has passed the test.



This website has a helpful video to remind you how to do the Soapy Water Test.

<https://www.elgas.com.au/blog/505-bbq-gas-leak-test-gas-grill-barbecue/>



Fire Blanket

You must have a fire blanket readily available next to your gas cooker before you light it. Think about where you will put it and how you can get it out of its packet if you need it. Many are designed to be mounted on a wall and there are no walls in our camp kitchen!

This video shows you how to use a fire blanket

<https://www.fire.nsw.gov.au/page.php?id=9221>



Campfire Safety Rules

Fire Drums

All fires must be contained within a fire drum. They must be **4 meters** from any flammable materials such as your gazebo. Please keep your wood pile a safe distance from your fire. Never leave your fire unattended. (We will layout the campsite to ensure you can stay near your fire during the parade.) Do not take burning sticks out of the fire.



Extinguishing Your Fire

To extinguish your fire, gently crush the remaining coals/bits of flammable material with a shovel, then slowly pour water on the fire, and stir with a shovel. Slowly pour multiple loads of water onto the fire and stir until all steam, smoke and bubbles stop.



This video shows you how to properly extinguish a fire.

<https://www.youtube.com/watch?v=iUEvfNKpITc>

Fire Bucket & Spade

You must have a metal fire bucket filled with water next to your fire before you light it. You will need a spade to help stir the coals when you put it out.



Hike cooking Safety Rules

Trangia Fuel bottles

Never open a fuel bottle anywhere near a Trangia that is alight. Store the fuel bottle away from the area you are cooking in.

When you weigh your hike equipment, you should have your fuel stored as you would carry it on a hike. You may then need to pour it from a fuel bottle into your Trangia. We will have a fuel bottle table at the hike cooking area for you to use to fill your Trangia. Once you have filled it, replace the lid on the bottle and take your Trangia to the space where you will cook in it. Please leave your bottle on our table until you have finished cooking. Before you come, please ensure your bottle has your scout unit name on it.

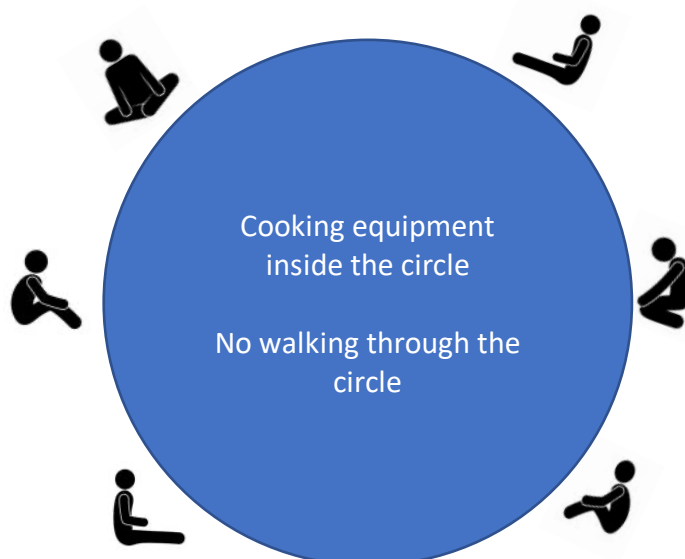
The type of fuel bottle (pictured right) is preferred as it has a safety valve which releases only a measured amount of fuel. This prevents spillage and also prevents the entire bottle from catching alight.



Walk around!

Never step over a hike cooker. When you set up your cooking space, choose a place where others don't need to walk, and you don't need to step over your cooker. We will designate an area for hike cooking to ensure no one is tempted to step over your cooker.

Sit and walk outside the hike cooking circle



All fuel bottles to be kept at the refuel table. Refuel at the table then take your cooker to the circle before you light it.

Be sure your scout unit name is on your fuel bottle.

This is how the hike cooking area will be set up on the day

What should I wear?

You should wear your scout shirt and neckie on the day. Parent helpers can wear casuals.

Your uniform sleeve colour will help us easily identify which section you are from. It will be fun to see other scouts in their uniforms and see what colours their neckies are and what badges they have earnt. (Remember to catch up and get them all sewn on before the day!)

Your recipe patrol photo will be taken for the book so make sure you look your best for the photo! We will be able to see which section you are in when we see your photo in the recipe book.



As always, dress for the weather.

Scouts who have completed Camping Stage 3 know how and where to get the latest weather forecast for the area and should check it themselves before they come!



What will you need if it is sunny?

What if it is raining?



What should I bring? (Pack List)

- A copy of your recipe for yourself to follow (unless you know it by heart)
- Your ingredients
- Your cooking equipment
- Your dilly bag & drink bottle
- Lunch or snacks if you think your recipe will not be cooked in time for your needs

Optional items

- A platter, board, pretty plate or attractive tray to place your ingredients or food on for the photograph
- A personal first aid kit (because scouts who are up to the stage 3 camping OAS always bring one!)
- A gazebo, especially if rain is forecast
- A trestle table (unless you can cook on the ground)
- A camp chair (you are welcome to sit in the basecamp shelter to eat)
- Blanket swap badges (You can swap with scouts you meet from other units.)
- Lawn games or activities to play with other scouts
- money to spend at the Exurbia tent

For campfire recipes

- Fire pit (Some are available at Woodhouse, email Chook 230701@sa.scouts.com.au to request one if you would like)
- Firewood
- Trolley or cart to help carry wood from the car to your site
- *Metal fire bucket
- *Spade to help extinguish fire

*These items are compulsory and will be checked when you arrive

For hike recipes

We will provide a fire bucket and fire blanket for the hike cooking participants.

If you need a fuel bottle, please ensure it has your scout unit name on it as you will need to do your re-fuelling at our safety table.

For standing camp recipes

- *A spray bottle with soapy water for the Soapy Water Test'
- *A fire blanket that you know how to use

*These items are compulsory and will be checked when you arrive

Photos / Weigh in

We will take several photos during the day but may not use them all in the book. Our creative team will sort through them and choose the best ones to use.

Patrol Photo

Your patrol photo will be taken as you arrive. All members will need to check in together. You need to be wearing your scout shirt and neckie. Parent helpers who are members without a uniform can wear neat casual clothes.

If you don't want to have your photo taken for the book, please let us know. We want to be inclusive and for everyone to be comfortable. You may choose to put a photo prop mask in front of your face, or we are open to other suggestions. Note also that your patrol leader will type the names of your patrol members in for the recipe so you may tell them use a nickname if you prefer.

Ingredients / Finished Dish Photo

Photo tables will be set up near registration for you to place your ingredients ready to be photographed. When your meal is cooked, you will need to bring it back to the same tables to be photographed. Before you line up to have your photographs taken, our photographers will help you arrange the meal for a good photograph composition. You might like to bring a decorative board, tray, or plate to arrange your food on. If you will be photographing food in a hot dish, you will need to bring a trivet.

This is what the photo booth might look like:

Equipment Photo

Once you are ready to cook, a photographer will come to your cooking area to photograph your setup.

Weigh In

For meals in the hike category, your cooking equipment and ingredients will be weighed. Water is available at the site, so you don't need to include water in the weight.

This is to give people reading a book an idea of whether they would like to take the meal on their hike. There is no winner. It might be worth carrying something a bit heavier if the meal tastes amazing!



Will I be able to explore Woodhouse on the day?

Your entry to Woodhouse includes use of all of the facilities for the day from 9am to 5pm. However, this is not supervised by the Cookout Team. You are welcome to talk with your leaders or guardians about coming early before your check in or staying at Woodhouse after your checkout. This may assist in setting a pickup time for guardians if you are not sure how long your cooking will take.



What badges will this count towards?

This cookout covers several tasks from Camping OAS Stages 1 – 4. Those in the photography team and cookout preparations could potentially be used for a Special Interest Area badge for some scouts. You will need to propose your SIA badge ideas to your unit council for approval.



External Exhibitors

We plan to invite some groups to come along on the day with a display to promote themselves. These could be Exurbia, the SIA team, various OAS teams, the Scouts SA inclusion team. We may also invite some celebrity chefs to come and visit! If you would like to have an exhibit, please contact us.

