

## So you want to go:

# SWIMMING



From introductory aquatics through to lifesaving, swimming is a great activity for all ages and builds the skills required for that great Australian Summer.

### How to get it happening:

! Scouting policies and procedures apply to all scouting activities, refer to Q-Store for more info

- Take a casual trip to a local public pool
- Private pools can be hired and some give you the opportunity for exclusive access
- Swim between the flags at a patrolled sandy white beach
- Send a project patrol to the Hills to Coast District swimming carnival 20 Nov
- Port Wakefield's tidal pool is a safe and relaxing place on a hot day.
- Moonta Bay's fenced ocean pool gives you a great opportunity for ocean swimming
- Form a project patrol and set your sights on achieving the Bronze Medallion

### Skill Development and Accreditation

Surf Lifesavers and Royal Lifesaving are great providers for swimming skills

#### Basic Water Rescue:

▸ Gives you the skills needed to safely lead swimming activities in aquatic centres

#### Bronze Medallion:

▸ Learn skills and have them assessed to meet a nationally recognised and a well regarded award



[oas.support@sa.scouts.com.au](mailto:oas.support@sa.scouts.com.au)

<http://qstore.sa.scouts.com.au/adventurousactivities/swimming>

Info current Feb 2020 (check-in with Q-Store or contacts prior to any adventure!)