



# Session Outline

Session Name – Youth leading, adults supporting

Duration: 80 mins

The **AIM** of this session is to

- Unpack and reinforce youth leading, adults supporting and related concepts in connection with the Scouting program

## LEARNING OUTCOMES

By the end of this session, learners will be able to:

- Identify strategies and opportunities for youth empowerment
- Identify formal and informal opportunities for leadership
- Understand the importance of mentoring, and the need to be adaptive and flexible in our approach

**PERFORMANCE CRITERIA** and **CONDITIONS** that apply to this session:

- ☐ I know strategies to support youth empowerment in my role
- ☐ I know strategies to encourage and support meaningful engagement within the teams I function in
- ☐ I can identify formal and informal leadership opportunities and where these may be built upon
- ☐ I can identify strategies to mentor young people in leadership roles
- ☐ I know strategies to engage Project Patrols to facilitate increased leadership development opportunities
- ☐ I can identify expectations of youth members and adults in leadership roles across different age sections and the program

## OVERVIEW of session content

### Plan>

- Have confidence in one's personal knowledge and have currency on the topic<sup>1</sup>
- Watch video and read session outline
- Where possible, participate in workshop session conducted by experienced facilitator prior to running the session
- Prepare facilitation space for Patrols of 6-8
- Resources required:
  - Video: Youth Leading Adults Supporting

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<sup>1</sup> Roger Hart's UNICEF essay [Children's Participation from Tokenism to Citizenship](#) is a good resource.



- Youth Leading, Adults Supporting Developmental Guide
- Empowerment and Leadership scenarios
- AV equipment to play video (projector and speakers)
- Activity cards
- Butchers paper/flip chart/whiteboard with pens etc

Do>

Time (mins)	Topic	Content	Resources
00:00	Setting the scene	<p>The following are a series of quotes from various World Scouting publications:</p> <p><b>Scouting is a Movement of young people, supported by adults; it is not a Movement for young people managed by adults.</b></p> <p><i>Young people are empowered to develop their capacities for making decisions that affect their lives; and engage in decision making in the groups and institutions in which they are involved, so that they actively contribute to creating a better world.</i></p> <p>“Teach them, train them, let them lead”</p> <p>With these in mind, lets take a look at youth leading, adult supporting, what we do, and how we can continuously improve.</p>	
00:03	Watch Video		Youth leading video
00:10	Initial Reflection	Take a moment to reflect on and write down what you felt the key elements were that were discussed within the video.	<i>Optional:</i> Journal/Workbook Post-it notes Pens
00:13	Patrol Discussions	In small groups (no more than 4-5), discuss and share: <ul style="list-style-type: none"> <li>• What is empowerment?</li> <li>• How are the youth empowered in your Branch/Teams?</li> <li>• What are the strategies used to minimise the</li> </ul>	<i>Optional:</i> Question prompts as cards



		perception/reality of tokenism?	
00:20	Harts Ladder	<p>We need to be conscious of how we engage with our youth members, and where our behaviour reflects different levels of empowerment.</p> <p>Harts Ladder is a good reference point for us.</p> <p>ACTIVITY: Place the rungs on Harts Ladder</p> <p>Using Post-It notes (or similar), identify instances where you have been at different rungs of Hart's Ladder in your Scouting involvement.</p> <p>QUESTION: Is it ok to move up and down the ladder? Why?</p>	<p>Ladder (on butchers paper/wall/A3 print-out)</p> <p>Rungs – printed cards, with title on front and description on rear</p> <p>Post-It notes</p> <p>Harts Ladder &amp; Plan&gt;Do&gt;Review&gt; resource</p> <p><i>This should be a group discussion as to why this is ok, and how the ladder is a reminder to think about how we could be doing things differently, for the positive and the negative!</i></p>
00:30	Mix and Match	<p>Here is a collection of statements about the role of adults and role of youth in different age sections.</p> <p>Your challenge is to match the statements to the relevant age section</p>	<p>Youth Leading, Adults Supporting Developmental Guide</p> <p>Activity cards with statements from guide</p>
00:50	Scenario Cards	<p>You never know when you might come across different scenarios and experiences with leadership, requiring you to adapt to different styles and play different roles in the situation. Scattered around this</p>	<p>Pre-prepared scenarios cards for discussion</p>



		space is a range of scenarios covering formal and informal leadership, and youth empowerment.	<i>Set-up: Scatter scenario cards for Patrols to discover and discuss.</i>
01:10	Reflection	<p>Leadership is developed through opportunities, support and a safe environment. The Patrol System is one element of the Scout Method that is closely linked with Youth Leading, Adults Supporting.</p> <p>Having worked in Patrols this session, reflect on how we can use [Project] Patrols to not only strengthen the Program, but further develop youth members and adults?</p>	
01:20	Session End		

### Review>

- Check that Performance Criteria and Conditions have been met
- Reflect on the key questions and takeaways:
  - What lightbulb moments happened for me this session?
  - What am I challenged by?
  - What do I need to explore further?
  - What is my role in making sure that this works within my Branch/Team/Unit?
    - Who can I work with to make this happen?
    - Key points for my team are: